**CWFA POLICY ON THE WEARING OF GLASSES AND GOGGLES BY JUNIOR PLAYERS**

This policy has been designed to provide guidance to referees, coaches and parents who each share the responsibility to ensure that the following policy standards are met.

1. Players may wear spectacles or goggles in a match or at training sessions provided they meet the following minimum requirements;

* lenses are impact resistant made either of shatter proof standard plastic (CR - 39), polycarbonate or Trivex
* the frames provide full coverage of the eye orbit and do not have adjustable metal nose pad arms
* the spectacles or goggles are securely fitted with an effective sports band

Parents are advised to check the suitability of their child’s spectacles or glasses with a registered dispensing optician, optometrist or medical practitioner.

1. Prior to a match or training session commencing ensure that any player wearing spectacles has a correctly fitting sports band.
2. Do not allow a player to start a match or commence a training session wearing spectacles with adjustable metal nose pad arms (as normally found on most conventional metal spectacle frames).
3. When a substitution occurs, ensure the checks at 2 and 3 above are completed in respect of any substitute wearing spectacles or glasses.
4. If a player is injured (especially in the case of a head injury), the team’s first aider should check there are no wounds or other damage caused by the spectacle frame and that the lenses are still intact - should a lens breakage be apparent, professional help should be sought to ensure that no lens fragments have entered the child’s eye or surrounding area.