

## AREA ASSOCIATION ADULT (SENIOR & RESERVE) FOOTBALL

### DISCIPLINARY PROCEDURES RELATING TO TEMPORARY DISMISSALS (SIN BINS)

#### APPLICABLE ONLY TO LEAGUES SELECTED FOR TEMPORARY DISMISSAL TRIAL

#### TEMPORARY DISMISSAL OFFENCES (SIN BINS)

1. Match Officials will no longer issue a simple yellow card for “dissent by word or action (C2)”. Instead, they will indicate a temporary dismissal (sin bin) by showing a yellow card accompanied by a two-handed signal to the player's own technical area and the player is required to go to his technical area (unless receiving a second sin bin card during the same game, in which case the player must leave the vicinity of the field of play and the technical area).
2. Any player who receives a sinbin card during a match will be subject to a sin bin for 10 minutes, if the match is 90-minutes in duration, or 8 minutes for all other match durations.
3. The sin bin period begins when play restarts after the player has left the field of play. The referee should include in the sin bin dismissal period any time ‘lost’ for a stoppage for which ‘additional time’ will be allowed at the end of the half (e.g. substitution, injury etc...).
4. The player will only be able to re-enter the field of play once the sin bin has been completed **and** the Referee invites the player back onto the field of play. The referee has the final decision as to when the player can return.
5. A player subject to a sin bin cannot be substituted until the end of the sin bin period (but not if the team has used all its permitted substitutes).
6. If a sin bin period has not been completed at the end of the first half (or the end of the second half when extra time is to be played) the remaining part of the sin bin period is served from the start of the second half (start of extra time)
7. A player who is still serving a sin bin period at the end of the match is permitted to take part in any penalty shoot-out (but not a player serving a second sin bin period).
8. A player who has received a sin bin caution and later receives a standard yellow card caution continues playing.
9. A player who has received a standard yellow card caution and later receives a sin bin caution can continue to play after the end of the sin bin period.

10. Any player who receives a second sin bin card during a match will be subject to a second sin bin, for 10 minutes or 8 minutes as the case may be. This player will not be permitted to re-enter the field of play. The club will be entitled to substitute the player once the second sin-bin has been completed, provided that the club still has enough substitutes, or permitted substitution opportunities, to make in line with the relevant league rules. However, a player who has also received a non-sin bin caution may not be replaced or substituted.
11. A player who commits a cautionable offence or sending-off offence during their sin bin period will take no further part in the match and may not be replaced or substituted.
12. A player who has been sin-binned in any match will be notified through their club by this Association using the systems and procedures set by the Association from time to time of:-
  - (a) the offence reported by the Referee;
  - (b) the total number of sin bins recorded against the player under these procedures during the current Season; and
  - (c) any punishment resulting from the accumulation of these sin bins. Any such punishment will take effect regardless of whether or not the notification of it from this Association is received before it is due to take effect in accordance with these Disciplinary Procedures and clubs must therefore **maintain their own records**.
13. An administration fee of **£12.00** will be charged for Adult & Youth players through the club for the cost of processing each report. For Junior Players, the fee will be **£4.00**.
14. If a player accumulates five (5) recorded sin bins in the same **League Division Competition** which is under the direct disciplinary jurisdiction of this Association any time during the season, the player will be suspended automatically with immediate effect from the same League Division Competition only, until such time as the player has missed his/her club's next ONE (1) recognised match in the same League Division Competition under the direct jurisdiction of the Central Wales FA (see Appendix 2) during the period covered by its opening match and final match of the 2023/2024 Season.
15. If a player accumulates ten (10) recorded sin bins in the same **League Division Competition** which is under the direct disciplinary jurisdiction of this Association any time during the season, the player will be suspended automatically with immediate effect from the same League Division Competition only, until such time as the player has missed his/her club's next TWO (2) recognised match in the same League Division Competition under the direct jurisdiction of the Central Wales FA (see Appendix 2) during the period covered by its opening match and final match of the 2023/2024 Season.
16. If a player accumulates fifteen (15) recorded sin bins in the same **League Division Competition** which is under the direct disciplinary jurisdiction of this Association any

time during the season, the player will be suspended automatically with immediate effect from the same League Division Competition only, until such time as the player has missed his/her club's next THREE (3) recognised match in the same League Division Competition under the direct jurisdiction of the Central Wales FA (see Appendix 2) during the period covered by its opening match and final match of the 2023/2024 Season.

17. If a player accumulates two (2) recorded sin bin cautions in the same **Cup Competition** (see Appendix 2) which is under the direct disciplinary jurisdiction of this Association any time during the season, the player will be suspended automatically with immediate effect from the same Cup Competition **only**, until such time as the player has missed his/her club's next ONE (1) recognised **match** in the same Cup Competition (see Appendix 2) during the period covered by its opening match in the Cup Competition and final match in the same Cup Competition of the 2023/2024 Season.
18. If a player accumulates four (4) recorded sin bin cautions in the same **Cup Competition** (see Appendix 2) which is under the direct disciplinary jurisdiction of this Association any time during the season, the player will be suspended automatically with immediate effect from the same Cup Competition **only**, until such time as the player has missed his/her club's next ONE (1) recognised **match** in the same Cup Competition (see Appendix 2) during the period covered by its opening match and final match of the 2023/2024 Season.
19. If a player accumulates six (6) recorded sin bin cautions in the same **Cup Competition** (see Appendix 2) which is under the direct disciplinary jurisdiction of this association any time during the season, the player will be suspended automatically with immediate effect from the same Cup Competition **only**, until such time as the player has missed his/her club's next ONE (1) recognised **match** in the same Cup Competition (see Appendix 2) during the period covered by its opening match and final match of the 2023/2024 Season.
20. If a player accumulates eight (8) recorded sin bin cautions in the same **Cup Competition** which is under the direct disciplinary jurisdiction of this Association any time during the season, the player will be suspended automatically with immediate effect from the same Cup Competition only, until such time as the player has missed his/her club's next ONE (1) recognised match in the same Cup Competition (see Appendix 2) during the period covered by its opening match and final match of the 2023/2024 Season. The player shall also be required to attend a meeting of a Disciplinary Panel to consider any additional sanctions. The same procedure will apply for every further two (2) sin bin cautions recorded against a player.
21. After the completion of the Preliminary Round in all Cup Competitions listed in Appendix 2, the sin bin caution count shall be reset with all players being regarded as having zero (0) sin bin cautions attributed to them. For the avoidance of doubt, the following will still apply:
  - any player who receives a suspension resulting from an accumulation of sin bin cautions in the Preliminary Round **will** be suspended for the same Cup Competition in the First Round proper; and

- any administration fee accumulated in previous rounds for any sin bin caution **will** need to be paid within 31 days of the match (as set out in 6(m) of these Procedures.
22. After the completion of the Quarter Final Round in all Cup Competitions listed in Appendix 2, the sin bin caution count shall be reset with all players being regarded as having zero (0) sin bin cautions attributed to them. For the avoidance of doubt, the following will still apply:
- any player who receives a suspension resulting from an accumulation of cautions in the Quarter Final match **will** be suspended for the same Cup Competitions Semi-Final; and
  - any administration fee accumulated in previous rounds for any caution **will** need to be paid within 31 days of the match (as set out in 6(m) of these Procedures.
23. The terms of a suspension resulting from the accumulation of sin bins will be as set out under the category of a MATCH SUSPENSION.
24. The player must serve the suspension with the club at which the player holds a valid registration. Should a player transfer to a new club the suspension will transfer with the player and will be served at the new club.
25. Any period of suspension or part thereof which remains outstanding at the end of a season must be served at the commencement of the next following season.